

Rope pulling

Rope pulling is one of the traditional sport games popular among Tajik people. Rope pulling is a sport that directly puts two teams against each other in a test of strength: teams pull on opposite ends of a rope, with the goal being to bring the rope a certain distance in one direction against the force of the opposing team's pull. The game is played in any flat ground not necessarily stadiums and can be played both professionally and just for fun.

Two teams of eight, whose total mass must not exceed a maximum weight as determined for the class, align themselves at the end of a

rope approximately 11 to 14 centimeters in circumference. The rope is marked with a «center line» and two markings 4 or 6 meters either side of the center line.

The teams start with the rope's center line directly above a line marked on the ground, and once the contest (the «pull») has commenced, attempt to pull the other team such that the marking on the rope closest to their opponent crosses the center line, or the opponents commit a foul (such as a team member sitting or falling down). Whichever team that pulls the other side over the marked line wins.



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